

HealthyUtah

Live Well, Work Well

Step 1 - Get Started

Go to pehp.org and log in to your member account. If you haven't created an account previously, you will need your PEHP identification number to create your username and password.

Once you are logged in click on the Wellness drop down tab. Select "Register for Testing Sessions". There you are able to schedule a testing session. You can also call Healthy Utah at 801-366-7300 to schedule an appointment.

Step 2 - Get Checked

All employees and spouses covered on the Jordan School District PEHP medical plan are eligible to participate in the health incentive program. Healthy Utah offers a free 30 minute appointment with a professional staff member, which includes these assessments:

- Cholesterol
- Diabetes risk
- Blood pressure
- Body Composition

After you receive your biometrics / lab results from Healthy Utah, and take the Health Assessment, you can earn \$50 for the "First Steps" annually. You can also see if you're eligible to receive the \$50 "Good for You" rebate.

Step 3 - Get Involved

Participate in a health rebates & the educational opportunities.

Step 4 - Stay Fit

Participate in a health challenge or other Healthy Utah activity or service.

Healthy Utah 2023 Testing Schedule

January 20, 2023

District Office

12 PM - 4 PM

Room 129

7387 S. Campus View Dr., West Jordan

February 3, 2023

Oakcrest Elementary

1 PM - 5 PM

8462 Hilltop Oak Drive, West Jordan

February 10, 2023

Auxiliary Services Building

1 PM - 4 PM

North Auditorium

7905 S. Redwood Road, West Jordan

February 15, 2023

Mountain Creek Middle School

1 PM - 4 PM

5325 Bingham Rim Road, South Jordan

March 8, 2023

Aspen Elementary

12 PM - 4 PM

11189 S. Willow Walk Drive, South Jordan

March 15, 2023

Kauri Sue Hamilton

2:30 PM - 5:30 PM

2827 West 13400 South, Riverton

More information
please visit: www.pehp.org

JORDAN 
SCHOOL DISTRICT

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