



Mental Wellness Consultations

"EXPERT ADVICE TO BOOST YOUR MENTAL HEALTH"

**AVAILABLE WEDNESDAYS FROM
APRIL 5 - MAY 24, 2023**

IF YOU OR A LOVED ONE IS IN NEED OF MENTAL HEALTH SERVICES, SIGN UP FOR A 45 MINUTE DISCUSSION OF AVAILABLE MENTAL HEALTH SERVICES FOR EMPLOYEES AND THEIR FAMILIES TO DETERMINE THE BEST FIT FOR THEIR NEEDS. SIGN UP ON OUR WEBSITE OR USE THE QR CODE BELOW TO SCHEDULE AN APPOINTMENT WITH A KNOWLEDGEABLE CLINICIAN WHO CAN HELP YOU NAVIGATE THE PROCESS.

YOU ARE NOT ALONE. WE ARE HERE TO HELP.



WELLNESS.JORDANDISTRICT.ORG/CENTER