

PreKinder- Grade 12
Educators you are invited to participate in our 2023 Summer Session Educator Well-Being Continuing Ed Course.





ONLINE REGISTRATION OPEN

ENROLL NOW

WHAT 3 credit Continuing Education Course for SUU credit

WHEN

Choose from 2 different summer sessions taught over zoom!

- Session 1: Meets 5x/week (M-F) June 19-30 (9:00-10:30 am)
- Session 2: Meets 5x/week (M-F) July 10-21 (9:00-10:30 am)

WHY

Gain **continuing education**, lane-change, and re-licensure hours from SUU.

Address your own well-being by exploring strategies associated with connection, happiness, self-care, conflict resolution, growth mindset, problem solving, and more!

Collaborate, learn from, and connect with other educators across the state.

"I have loved every minute of this course. I feel like I have gotten more out of this class for my
personal well-being than anything I have done."
 "I love the topics we discuss and that it
allows for engagement even though we are not in the same room. I like that we're able to
meet online!"