

FIRST LADY ABBY COX INVITES YOU TO



# **SHOW UP** *for* **TEACHERS**

Clark and Christine  
PRESENTED BY **IVORY** FOUNDATION

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SECOND ANNUAL CONFERENCE FOCUSED ON  
**EDUCATOR MENTAL HEALTH & WELL-BEING**

**July 19th, 2023**

Mountain America Expo Center

**[www.ShowUpForTeachers.org](http://www.ShowUpForTeachers.org)**

ALL UTAH EDUCATORS ARE INVITED TO REGISTER



I want to sincerely thank you for the incredible work you do for our state. I firmly believe Utah has the best educators in the nation and I am grateful for your dedication, hard work, and resilience. The Governor and I know that teaching, like most work that truly matters, can be difficult. But I want you to know that we see what you are doing and are thankful for the countless hours you devote to our state's children.

While I am in the unique position of first lady, I want to do what I can to uplift and sustain you in your efforts. Last summer I was able to host the first Show Up for Teachers summer conference, providing resources and strategies for teachers from around the state to increase and improve their mental health and professional wellness. The nationally-known keynote speakers and presenters, fun entertainment, and gifts from local companies combined for a fun-filled day of learning and connection.

After last year's successful conference, my team is working hard on the 2023 Show Up for Teachers conference and we hope you will be able to join us! It will be held on Wednesday, July 19th at the Mountain America Expo Center in Sandy. We are excited to increase attendance to 2,000 educators this year and look forward to Showing Up for YOU!

Please visit [www.ShowUpForTeachers.org](http://www.ShowUpForTeachers.org) to learn more and to register.

Utah First Lady Abby Cox