



invites

Jordan School District Teachers to Donate Blood this Summer

**Set up an appointment to donate blood by going to
Utahblood.org or call 801-584-5272.**



**Bring this flyer and school ID
into the Sandy Donor Center to
receive a \$10 Amazon card.**

**Get 10 teachers from your school to donate blood this
Summer and receive a \$100 gift card for your school.**

Location and hours on the back.

Sandy Donor Center
9786 Sandy Parkway (500 West)

Monday, Saturday and Sunday

7:30 am - 2:30 pm

Tuesday and Wednesday

12:00 pm - 7:00 pm

Thursday

10:00 am - 5:00 pm

Learn more about blood donation and save lives.

- Photo ID is required.
- You must be feeling healthy and well the day of donation.
- Signed ARUP parental consent form is required for all high school donors.
- Minimum 110 pounds. Additional height and weight requirements for donors ages 16-23 years old.
- Eat a good meal and drink plenty of fluids prior to donating.
- You can donate whole blood every 56 days.

To protect your health and to ensure that donated blood is safe for patients, you may be told you are ineligible to donate blood. However, you may be able to reschedule your donation for a later date.

If you have questions regarding blood donor qualifications, please call (801) 584-5272.

PLEASE DO NOT DONATE BLOOD IF YOU HAVE EXPERIENCED ANY OF THE FOLLOWING:

CURRENTLY:

- Have cold or flu symptoms or do not feel well the day of donation.
- Have taken antibiotics within the past seven days. (Antibiotics taken for acne are okay.)
- Are pregnant or have been within the last six weeks.

WITHIN THE PAST 12 MONTHS:

- Have received a blood transfusion.
- Have had a graft, such as bone or skin.
- Have had an accidental needle stick.
- Have come in contact with someone else's blood.
- Have traveled to an area at risk for malaria.

EVER:

- Have or are at risk for HIV, the virus that causes AIDS.
- Have ever used a needle to inject non-prescription drugs (including steroids).
- Have had hepatitis after the age of 11.
- Have spent more than five years in Europe since 1980.