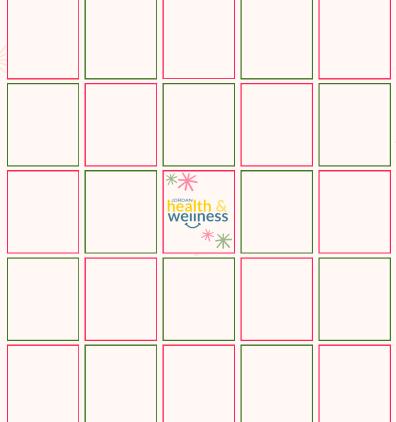






Scan or click the QR code to submit your Bingo card as your entry to a drawing for a prize!







## Break Break

The Health and Wellness Team invites employees to Build Your Own Bingo (BYOB) Card, designed to enhance your wellbeing over Winter Break. We will guide you through possible ideas that address different aspects of our wellness on our Instagram (@jordanhealthandwellness) during the first week of December. Print off the template and follow along.

Be sure to enter your Winter Break BYOB Card for a chance to win lunch for you and four co-workers provided by the Wellness Team.

We wish you a healthy holiday season and a hopeful New Year!



