



Administrators, Counselors, and Teachers you are invited to participate in our Fall 2025 Educator Well-Being Course!

Address your own well-being by exploring well-being topics and strategies. Collaborate, learn from, and connect with other educators across the country.

There are several ways to receive continuing education credit. This class can also count towards your Educator Directed Paid Professional Hours Plan.

Our Fall cohort is a ten-week course that meets weekly for 90 minutes. We are offering both our 1.0 Essentials of Well-Being and our 2.0 The Resilient Educator Courses. Classes start the week of September 15 through November 19.

100% participants reported improved well-being, greater connection, and commitment!



SCAN THE QR CODE TO REGISTER!