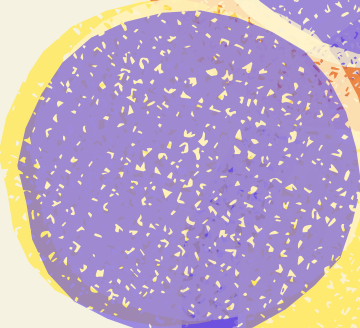


JSD HEALTH & WELLNESS

# EMPLOYEE WELLNESS CLASS OFFERINGS



We're looking for Jordan District employees to lead a variety of wellness classes this year, including on Wellness Day and beyond.

We welcome all interests and skills—from group fitness (e.g. Yoga, Pilates) to hobbies (e.g. sourdough, knitting, pottery). This is an opportunity to share your unique skills with your colleagues! Interested in leading a class? Scan the QR code or **[click here](#)** to complete a brief form.

