

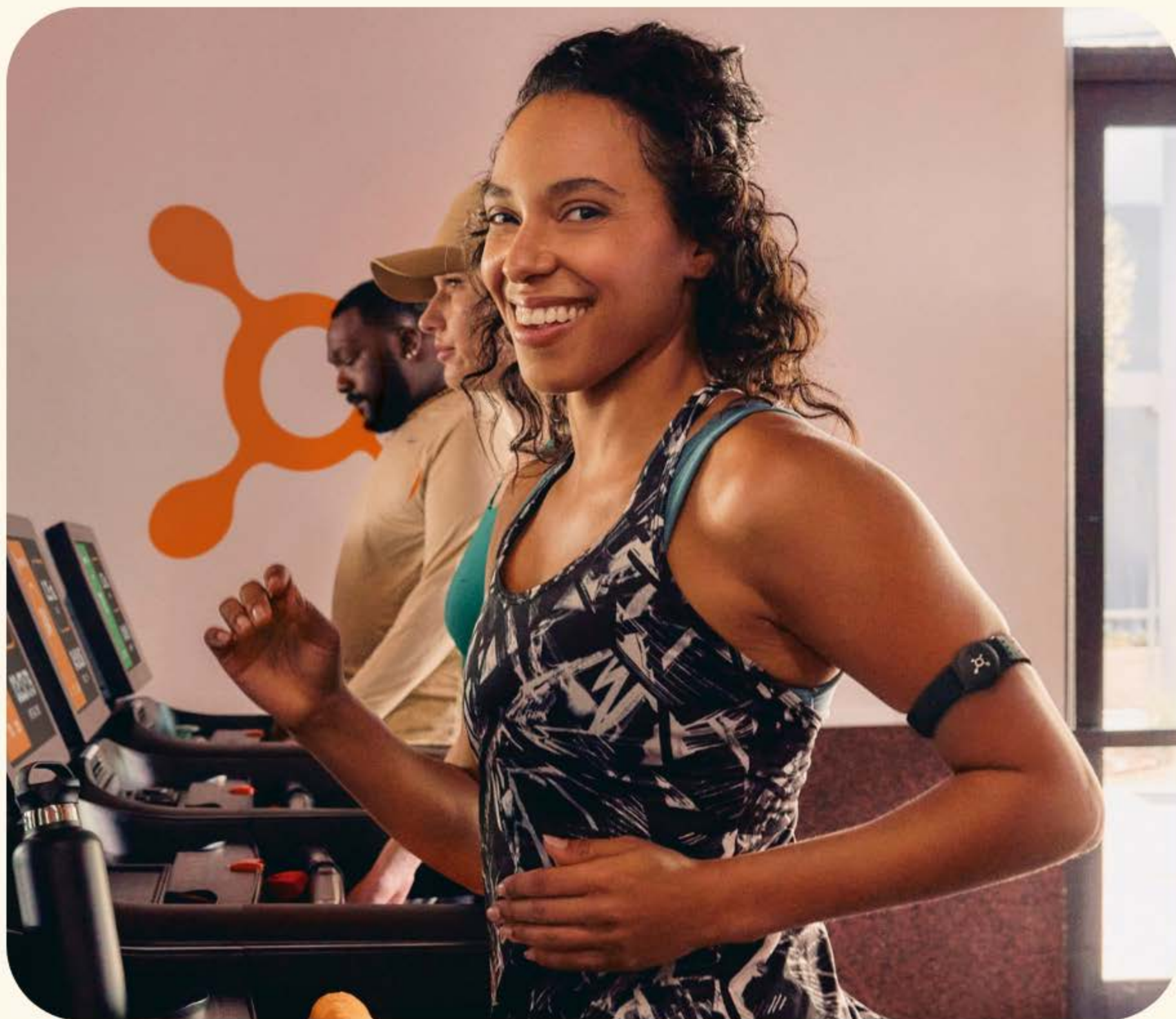


**Jumpstart
January
Jordan School
District ×
Orangetheory
FREE January
Classes**



***Offer valid January 1st - January 31st**

[Click to Book](#)



New year. New goals.

New partnership.

**Orangetheory Fitness x Jordan
School District let's make this your
strongest year yet.**

TEACHER APPRECIATION AT ORANGETHEORY FITNESS

SPECIAL TEACHER OFFERS

- **January Is 100% FREE**
 - Teachers work out FREE all month of January at any of our 6 Orangetheory Fitness locations.
- **Bring a Plus One**
 - Already an Orangetheory member?
 - Bring one guest FREE to any location all January long.
- **January Membership Special**
 - Sign up for a membership in January for only \$62 and receive a FREE entry into our Transformation Challenge.
- **Free Thursdays (Feb-May)**
 - From February 1 – May 31, teachers work out FREE every Thursday.

Train Smarter. Feel Stronger. Pay Less.

Orangetheory Workout – Q&A

Q: Do I need to be fit or have experience?

A: Not at all! The workout is designed for all fitness levels, and coaches offer options for everyone.

Q: What should I bring?

A: Comfortable workout clothes, athletic shoes, and water. We'll take care of the rest.

Q: How long is the workout?

A: 1 hour—quick, efficient, and effective.

Q: What does the workout include?

A: A mix of cardio and strength training led by a certified coach.

Q: Can I go at my own pace?

A: Yes! You control your speed and intensity throughout the workout.

Q: Will there be a coach guiding us?

A: Absolutely. A coach will demonstrate exercises and support you the entire time.

Q: Do I need to arrive early?

A: Arriving 30 minutes early is recommended so we can get you set up and answer questions.

Orangetheory Locations

Orangetheory Fitness is a coach-led, science-backed workout combining cardio and strength to help you build muscle, burn calories, and boost energy—designed for all fitness levels.

Cottonwood Heights 801-463-6748

Draper 385- 275- 6698

Herriman/Riverton 801-988-5544

Holladay 801-610-1020

Sandy 801-821-4675

South Jordan 801-758-0500



Scan to Book!

