# COVID School Exposures Guidelines for Quarantine

#### **Ouarantine Timeline**

If you've been exposed to COVID, you should quarantine at home for 10 days since the exposure



- You may leave quarantine early if your exposure was outside your home, you have NO symptoms, and you test negative on or after day 7.
- If someone in your household has COVID, a negative test result does not allow you to leave quarantine early—you must complete your full 10-day quarantine in case you develop symptoms later in that time.

Stay home. Quarantine at home means that you do not leave home for any reason except essential medical care.

### Do not go to:



work school shopping public places



other peoples' homes

Do not have visitors to your home



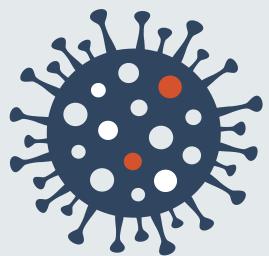


You can return to school early, if you choose, if ALL of the following apply:

- **1.** You were exposed at school only and have no other exposures.
- **2.** You do not have symptoms of COVID-19.
- **3.** You have a negative COVID-19 test result from a test taken at least 7 days after the exposure. It must be a PCR or antigen test, not an antibody test.



## RAPID COVID-19 TESTING for schools



This testing is for people **without symptoms** who meet the requirements to test 7 days after exposure to return to school early.

### Maverik Center Overflow Lot

2051 West 3100 South Mondays, Wednesdays, and Fridays 10:00 a.m. - 1:00 p.m.

Closed December 17 - January 10



### TO REGISTER:

Scan the QR code or visit SaltLakeHealth.org

All COVID testing in Utah is NO COST to you. Find other testing opportunities at <a href="mailto:coronavirus.utah.gov">coronavirus.utah.gov</a>

