

HealthyUtah

Live Well, Work Well

Step 1 - Get Started

Go to pehp.org and log in to your member account. If you haven't created an account previously, you will need your PEHP identification number to create your username and password.

Once you are logged in click on the Wellness drop down tab. Select "Register for Testing Sessions". There you are able to schedule a testing session. You can also call Healthy Utah at 801-366-7300 to schedule an appointment.

Step 2 - Get Checked

All employees and spouses covered on the Jordan School District PEHP medical plan are eligible to participate in the health incentive program. Healthy Utah offers a free 30 minute appointment with a professional staff member, which includes these assessments:

- Cholesterol
- Diabetes risk
- Blood pressure
- Body Composition

After you receive your biometrics / lab results from Healthy Utah, and take the Health Assessment, you can earn \$50 for the "First Steps" annually. You can also see if you're eligible to receive the \$50 "Good for You" rebate.

Step 3 - Get Involved

Participate in a health rebates & the educational opportunities.

Step 4 - Stay Fit

Participate in a health challenge or other Healthy Utah activity or service.

Healthy Utah 2022 Testing Schedule

January 26, 2022

District Office
12 PM - 4 PM

Room 129
7387 S. Campus View Dr., West Jordan

February 2, 2022

Auxiliary Services Building
12 PM - 5 PM

North Auditorium
7905 S. Redwood Road, West Jordan

February 10, 2022

Blackridge Elementary
1 PM - 5 PM

14131 S. Rosecrest Road (5600 W), Herriman

February 11, 2022

West Hills Middle School
7:30 AM - 12 PM

8270 S. Grizzly Way (5400 W.), West Jordan

February 14, 2022

Hidden Valley Middle School
11 AM - 4 PM

15410 S. Harmon Day Drive, Bluffdale

February 23, 2022

Aspen Elementary
12 PM - 4 PM

11189 S. Willow Walk Drive, South Jordan

March 7, 2022

Westland Elementary
12 PM - 4 PM

2925 West 7180 South, West Jordan 84084

More information
please visit: www.pehp.org

JORDAN
SCHOOL DISTRICT



PROVIDED FOR YOU BY
MORETON & COMPANY

